**Order FREE educational resources**

The PFF Help Center, a dedicated call center, offers patients, caregivers, and healthcare providers the most up-to-date medical information, communicates the availability of support services, and information about other essential resources. Call or email us today to order FREE educational resources!

- **844.TalkPFF**
- **Oxygen Information Line** (844.825.5733)
- **help@pulmonaryfibrosis.org**

**FOLLOW US!** Keep up with the latest news from the PFF by following us at @pfforg on social media!

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**You can make a difference**

You have the power to make an impact and create hope for PF patients everywhere. Start by making a donation to support the PFF in its mission to help find a cure.

- **PFF Government Affairs**: Advocate and engage with lawmakers regarding the needs of the PF community.
- **PFF Walk**: Build a team, raise funds, and lead the way toward a world without PF by joining one of our national walks. You can participate in-person or virtually.
- **Fundraise for Team PFF**: Create and host an event that is personally meaningful to you. Organize an online fundraiser, hold a bake sale, or host a community walk.
- **PF Awareness Month**: Throughout September, get involved by participating in disease education days, support group events, fundraisers, or with #BlueUp4PF.
- **Shop PFF**: Support the cause when you wear wristbands, t-shirts, caps, and more. Visit Shop-PFF.com.

**Make a Gift**

You can support the PFF’s important programs by making a donation today. Visit pulmonaryfibrosis.org to learn about the many ways you can give.

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**Our research**

The Foundation places enormous importance on creating an environment that will assist in the development of effective treatments for pulmonary fibrosis. The PFF is committed to funding research to identify new therapies and one day, a cure.

- **PFF Patient Registry**: A resource of data gathered from more than 2,000 patient volunteers across the country to help researchers further understand the disease and develop treatments. The data collected can be used to better diagnose, treat, and potentially cure pulmonary fibrosis.
- **PFF Scholars**: A new grant program to support and provide career development opportunities for early stage investigators.
- **PFF Clinical Trial Finder**: A tool to help patients navigate feasible and relevant clinical trials. This searchable platform filters the type of trial, patient characteristics, and proximity to one’s home thereby accelerating the development of new treatment options for patients. Visit trials.pulmonaryfibrosis.org to get started.
- **PF Drug Development Pipeline**: A tool that allows viewers to filter interventions, such as novel drugs or devices that are in development or have been approved for the U.S. market, by relevant areas of interstitial lung disease. Visit pulmonaryfibrosis.org/clinicaltrials for more information.

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**We imagine a world without pulmonary fibrosis**

- **research**
- **education**
- **advocacy**
- **collaboration**
- **fundraising**

**Pulmonary Fibrosis Foundation**

230 East Ohio Street, Suite 500
Chicago, Illinois 60611
844.TalkPFF (844.825.5733)
help@pulmonaryfibrosis.org
pulmonaryfibrosis.org
**Pulmonary fibrosis** is a family of more than 200 different lung diseases that share common symptoms of cough and/or breathlessness. Idiopathic pulmonary fibrosis is one form of PF. The PF family of lung diseases falls into an even larger group of diseases called “interstitial lung diseases (ILD).”

Pulmonary fibrosis may cause progressive scarring in the lungs, limiting a person’s oxygen intake. However, every individual diagnosed with pulmonary fibrosis has a unique experience with the disease and there is no “standard” or expected clinical course.

**With no known cure,** certain forms of PF may take the lives of patients within three to five years from diagnosis.

The good news for people living with PF is that there are treatments designed to specifically manage the symptoms of the disease and researchers are studying new ways to halt its progression.

As the leading advocate for the PF community, we are building better tools and resources for diagnosing and treating people living with PF. We invite you to join us in the drive toward a cure.

**William T. Schmidt**
PFF President and Chief Executive Officer

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**Quick facts**

**DIAGNOSIS**
One in 200 over the age of 70 are living with IPF.

**CASES**
50,000 new cases are diagnosed annually.

**PREVALENCE**
200,000+ people are living with IPF in the U.S.

**SYMPTOMS**
- Shortness of breath
- Dry, hacking cough
- Fatigue and weakness
- Discomfort in chest

**POSSIBLE CAUSES**
- Environmental
- Autoimmune diseases
- Drug-induced
- Radiation-induced
- Occupational

Often a cause cannot be identified. These diseases are called idiopathic interstitial pneumonias. One type is idiopathic pulmonary fibrosis.

**TREATMENTS**
- Supplemental oxygen
- Prescription medication
- Pulmonary rehabilitation
- Lung transplantation
- Medications