Wondering which session to attend? Use the color codes below to help you decide which session might be of most interest to you.

<table>
<thead>
<tr>
<th>TRACKS</th>
<th>For community pulmonologists and ILD fellows</th>
<th>Nurses and Allied Health Network</th>
</tr>
</thead>
<tbody>
<tr>
<td>A</td>
<td>CME, pre-registration required. Lunch included.</td>
<td>CE/ANCC, pre-registration required. Lunch included.</td>
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</tbody>
</table>

**THURSDAY, NOVEMBER 7, 2019**

**A For community pulmonologists and ILD fellows**

**8:00 am – 4:00 pm**

- Practical approach to the evaluation of ILD
- Environmental links to ILD
- Genetics of ILD
- Use of HRCT in ILD and IPF
- Lung biopsy: transbronchial, cryobiopsy, and surgical
- New IPF Diagnostic Guidelines: Fleischner vs. ATS
- What’s new in CTD-ILDs?
- PH-ILD: does treatment improve outcomes?
- Pharmacologic therapies for IPF
- Lung Transplantation: who should be referred and when?
- Patient-focused management for the ILD patient
- Interesting cases & Multidisciplinary Team Simulation
- All group Q&A

**Pre-registration required. Maximum capacity 200**

**B Designed for newly diagnosed patients and their caregivers**

**A Nurses and Allied Health Network**

**8:00 am – 1:00 pm**

- Welcome and Session Overview
- Overview of ILD
- ILD Diagnosis
- Challenges of ILD Management
  - Drug Therapy
  - Oxygen
  - Pulmonary Rehab
  - Management of comorbidity
  - Lung Transplant
  - Palliative Care
- Successful Management Strategies
  - Treat, Transplant, Trials, Transition
- PFF Updates

Please note that this session’s program is subject to change.
### THURSDAY, NOVEMBER 7, 2019

<table>
<thead>
<tr>
<th>TRACKS</th>
<th>Track Title</th>
<th>Time</th>
<th>Details</th>
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</thead>
</table>
| B      | Pulmonary Fibrosis Overview and Introduction to the PFF | 1:00 pm – 4:00 pm | - Overview of pulmonary fibrosis  
- What is pulmonary fibrosis?  
- Causes and classification of pulmonary fibrosis  
- Testing and monitoring in pulmonary fibrosis  
- Symptom management  
- Introduction to the PFF and Care Center Network |
| A      | Welcome Reception and Poster Presentation | 5:00 pm - 8:00 pm | |

### FRIDAY, NOVEMBER 8, 2019

<table>
<thead>
<tr>
<th>TRACKS</th>
<th>Track Title</th>
<th>Time</th>
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</thead>
</table>
| A      | PLENARY SESSION | 8:30 am – 10:30 am | - Impact of telomere length and mutations on treatment and transplant responses in pulmonary fibrosis  
- Cell-based precision medicine approaches to pulmonary fibrosis – Insight from the IPF Cell Atlas  
- Integration of genetic information in clinical trial design for precision medicine  
- Panel Q&A |
| B      | Senescence | 10:45 am - 12:00 pm | - The role of senescence in driving the pathology of aging-related diseases  
- What cells in the IPF lung are senescent and why does it matter?  
- The effects of senolytics in animal models of PF  
- Senolytics put to the test for IPF in a clinical trial |
| B      | FDA Approved Therapies for IPF | | |
| C      | | 10:45 am - 12:00 pm | |
### FRIDAY, NOVEMBER 8, 2019

#### TRACKS

<table>
<thead>
<tr>
<th>Time</th>
<th>Topic</th>
<th>Tracks</th>
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</thead>
</table>
| 10:45 am - 12:00 pm | Preparing for the Future  
- Palliative care  
- Hospice care  
- Advance directives  
- Estate planning | B, C |
| 10:45 am - 12:00 pm | Grief Writing Workshop: Reclaiming Your Life through Grief Writing | B, C |
| 12:00 pm - 1:30 pm | Lunch & Clinical Trials Innovation Series  
- Presentations begin promptly at 12:15 pm | A, B, C, D |
| 1:30 pm - 3:00 pm | Pulmonary Fibrosis Registries and Resources: What is in them, what have we learned, and where are we going  
- Poster winner 1 – summary presentation  
- Pulmonary Fibrosis Foundation Patient Registry  
- Idiopathic Pulmonary Fibrosis Prospective Outcomes (IPF-PRO)  
- The European IPF Registry (eurIPFreg)  
- PROFILE-IPF  
- Panel discussion | A |
| 1:30 pm - 3:00 pm | Caregiving  
- Help and guidance for the new caregiver  
- Resources and services available for patients and caregivers  
- Future of caregiving | B, C |
### FRIDAY, NOVEMBER 8, 2019

<table>
<thead>
<tr>
<th>Tracks</th>
<th>Research and Clinical Trials 101</th>
<th>Grief Writing Workshop: Reclaiming Your Life through Grief Writing</th>
<th>IPF Diagnostics</th>
<th>Supplemental Oxygen 101</th>
<th>Familial Pulmonary Fibrosis and Genetic Counseling</th>
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</thead>
<tbody>
<tr>
<td>B</td>
<td>1:30 pm - 3:00 pm</td>
<td>1:30 pm - 3:00 pm</td>
<td>3:25 pm - 5:00 pm</td>
<td>3:25 pm - 5:00 pm</td>
<td>3:25 pm - 5:00 pm</td>
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<tr>
<td>C</td>
<td>• Clinical trials</td>
<td></td>
<td>• Past PFF grant awardee – summary presentation</td>
<td>• Hypoxemia</td>
<td>• Identified genetic variants</td>
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<td></td>
<td>• Explanation of phases</td>
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<td>• Updated HRCT diagnostic categories: rationale for the change</td>
<td>• Prescription for supplemental oxygen</td>
<td>• Genetic counseling</td>
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<td></td>
<td>• Drug development process</td>
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<td>• New HRCT quantitative methods to enhance trial design and clinical assessment</td>
<td>• Myths about supplemental oxygen use</td>
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<tr>
<td></td>
<td>• Current research update</td>
<td></td>
<td>• Cryobiopsy for ILD diagnosis: Is it time for a sea-change?</td>
<td>• Oxygen equipment overview</td>
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<td></td>
<td>• Stem cells</td>
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<td>• Where do genomic classifiers fit into the pathway for ILD diagnosis?</td>
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</tbody>
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## FRIDAY, NOVEMBER 8, 2019

### TRACKS

| A | Cocktail Reception  
|   | 6:00 pm – 7:00 pm  
|   | Networking Dinner  
|   | 7:00 pm – 9:00 pm  
| B |
| C |
| D |

## SATURDAY, NOVEMBER 9, 2019

### A PLENARY SESSION | Keynote Speaker: Bray Patrick-Lake, MFS

**Clinical Trials: Empowering Patients to Participate**

8:30 am - 10:30 pm

- Clinician Perspective: Importance of patient-related outcomes
- Is the time right for changes in PF clinical trial endpoints?
- Patient perspective
- Panel Q&A

### Transcriptomics

10:45 am - 12:00 pm

- Poster winner 2 – summary presentation
- The impact of transcriptomics on our understanding of pulmonary fibrosis
- Insights into the pathobiology of IPF from single cell transcriptomics
- BAL gene expression as an indicator of outcome and disease mechanisms in IPF

### Legislative Advocacy

10:45 am - 12:00 pm

### Health and Wellness with Pulmonary Fibrosis

10:45 am - 12:00 pm

- Pulmonary rehabilitation
- Nutrition
- Management of associated conditions
## SATURDAY, NOVEMBER 9, 2019

### TRACKS

| A | Lunch and Clinical Trials Innovation Series |
| B | 12:00 pm – 1:30 pm |
| C | Presentations begin promptly at 12:15 pm |

**A**

**Autoimmune ILD and Chronic Hypersensitivity Pneumonitis (CHP) – Nuances and similarities**

1:30 pm – 3:00 pm

- Past PFF grant awardee – summary presentation
- Rheumatoid lung: Informing treatment of primary and inflammatory fibrosis by understanding the pathogenesis of RAILD
- Advances in scleroderma-ILD
- Is IPAF really an entity unto its own: Pro/Con
- CHP: have we made progress addressing the knowledge gaps in diagnosis and treatment?

**B**

**Supplemental Oxygen 101**

1:30 pm – 3:00 pm

- Hypoxemia
- Prescription for supplemental oxygen
- Myths about supplemental oxygen use
- Oxygen equipment overview

**C**

**Mental Health and Chronic Disease**

1:30 pm – 3:00 pm

- Managing anxiety, stress, or depression
- Intimacy and relationships
- Patient’s perspective – receiving a pulmonary fibrosis diagnosis and talking to family and friends about the disease

**B**

**Fundraising and the PFF**

1:30 pm – 3:00 pm
### SATURDAY, NOVEMBER 9, 2019

#### TRACKS

<table>
<thead>
<tr>
<th>Track</th>
<th>Title</th>
<th>Time</th>
<th>Sessions</th>
</tr>
</thead>
</table>
| A     | Therapeutic challenges and controversies in ILD                      | 3:25 pm – 5:00 pm | • Poster winner 3 – summary presentation  
• How should we approach GERD in ILD/IPF now?  
• PH-ILD: past studies and future directions  
• Should unclassifiable ILD be treated like IPF?  
• Progressive fibrotic ILD: will anti-fibrotics be a “one-size-fits-all” treatment? |
| B     | The Lung Transplant Experience                                       | 3:25 pm – 5:00 pm | • Lung transplant evaluation  
• Lung transplant process and surgery  
• Patient’s perspective – lung transplant recovery |
| C     | Emergency Preparedness                                               | 3:25 pm – 5:00 pm | • How to advocate for yourself or a loved one during an emergency room visit  
• How to prepare for natural disasters  
• Emergency kit  
• Resources to use |
| B     | Meditation, Mindfulness, and Movement                                | 3:25 pm – 5:00 pm | • Illness, stress, mindfulness, and resilience  
• Building a mindful brain  
• Everyday mindsets, meditation, and mindful practices |