

Wondering which session to attend? Use the color codes below to help you decide which session might be of most interest to you.



Designed for healthcare professionals



Designed for newly diagnosed patients and their caregivers



Designed for those who have been living with PF for awhile



Designed for individuals not currently living with PF

## THURSDAY, NOVEMBER 7, 2019

### TRACKS

**A** For community pulmonologists and ILD fellows CME, pre-registration required. Lunch included.

**8:00 am – 4:00 pm**

- Practical approach to the evaluation of ILD
- Environmental links to ILD
- Genetics of ILD
- Use of HRCT in ILD and IPF
- Lung biopsy: transbronchial, cryobiopsy, and surgical
- New IPF Diagnostic Guidelines: Fleischner vs. ATS
- What's new in CTD-ILDs?
- PH-ILD: does treatment improve outcomes?
- Pharmacologic therapies for IPF
- Lung Transplantation: who should be referred and when?
- Patient-focused management for the ILD patient
- Interesting cases & Multidisciplinary Team Simulation
- All group Q&A



**Pre-registration required. Maximum capacity 200**

**A** Nurses and Allied Health Network CE/ANCC, pre-registration required. Lunch included.

**8:00 am – 1:00 pm**

- Welcome and Session Overview
- Overview of ILD
- ILD Diagnosis
- Challenges of ILD Management
  - Drug Therapy
  - Oxygen
  - Pulmonary Rehab
  - Management of comorbidity
  - Lung Transplant
  - Palliative Care
- Successful Management Strategies
  - Treat, Transplant, Trials, Transition
- PFF Updates



**Pre-registration required.**

*Please note that this session's program is subject to change*

# THURSDAY, NOVEMBER 7, 2019

## TRACKS

<b>B</b>	<b>Pulmonary Fibrosis Overview and Introduction to the PFF</b>
	<b>1:00 pm – 4:00 pm</b>
	<ul style="list-style-type: none"><li>• Overview of pulmonary fibrosis</li><li>• What is pulmonary fibrosis?</li><li>• Causes and classification of pulmonary fibrosis</li><li>• Testing and monitoring in pulmonary fibrosis</li><li>• Symptom management</li><li>• Introduction to the PFF and Care Center Network</li></ul>

<b>A</b>	<b>Welcome Reception and Poster Presentation</b>	
<b>B</b>		
<b>C</b>		<b>5:00 pm - 8:00 pm</b>
<b>D</b>		

# FRIDAY, NOVEMBER 8, 2019

## TRACKS

<b>A</b>	<b>PLENARY SESSION   Keynote Speaker: Edith Perez, MD   Translational Genomics: The Future is Now</b>
<b>B</b>	<b>8:30 am – 10:30 am</b>
<b>C</b>	<ul style="list-style-type: none"><li>• Impact of telomere length and mutations on treatment and transplant responses in pulmonary fibrosis</li><li>• Cell-based precision medicine approaches to pulmonary fibrosis – Insight from the IPF Cell Atlas</li><li>• Integration of genetic information in clinical trial design for precision medicine</li><li>• Panel Q&amp;A</li></ul>
<b>D</b>	

<b>A</b>	<b>Senescence</b>
	<b>10:45 am - 12:00 pm</b>
	<ul style="list-style-type: none"><li>• The role of senescence in driving the pathology of aging-related diseases</li><li>• What cells in the IPF lung are senescent and why does it matter?</li><li>• The effects of senolytics in animal models of PF</li><li>• Senolytics put to the test for IPF in a clinical trial</li></ul>

<b>B</b>	<b>FDA Approved Therapies for IPF</b>
<b>C</b>	<b>10:45 am - 12:00 pm</b>

# FRIDAY, NOVEMBER 8, 2019

## TRACKS

<b>B</b>	<b>Preparing for the Future</b>
	<b>10:45 am - 12:00 pm</b>
<b>C</b>	<ul style="list-style-type: none"><li>• Palliative care</li><li>• Hospice care</li><li>• Advance directives</li><li>• Estate planning</li></ul>
<b>B</b>	<b>Grief Writing Workshop: Reclaiming Your Life through Grief Writing</b>
<b>C</b>	<b>10:45 am - 12:00 pm</b>
<b>D</b>	
<b>A</b>	<b>Lunch &amp; Clinical Trials Innovation Series</b>
<b>B</b>	
<b>C</b>	<b>12:00 pm – 1:30 pm</b>
<b>D</b>	Presentations begin promptly at 12:15 pm
<b>A</b>	<b>Pulmonary Fibrosis Registries and Resources: What is in them, what have we learned, and where are we going</b>
	<b>1:30 pm - 3:00 pm</b>
	<ul style="list-style-type: none"><li>• Poster winner 1 – summary presentation</li><li>• Pulmonary Fibrosis Foundation Patient Registry</li><li>• Idiopathic Pulmonary Fibrosis Prospective Outcomes (IPF-PRO)</li><li>• The European IPF Registry (eurIPFreg)</li><li>• PROFILE-IPF</li><li>• Panel discussion</li></ul>
<b>B</b>	<b>Caregiving</b>
	<b>1:30 pm - 3:00 pm</b>
<b>C</b>	<ul style="list-style-type: none"><li>• Help and guidance for the new caregiver</li><li>• Resources and services available for patients and caregivers</li><li>• Future of caregiving</li></ul>

TRACKS

<b>B</b>	<b>Research and Clinical Trials 101</b>
	<b>1:30 pm - 3:00 pm</b>
<b>C</b>	<ul style="list-style-type: none"><li>• Clinical trials</li><li>• Explanation of phases</li><li>• Drug development process</li><li>• Current research update</li><li>• Stem cells</li></ul>
<b>B</b>	<b>Grief Writing Workshop: Reclaiming Your Life through Grief Writing</b>
<b>C</b>	
<b>D</b>	<b>1:30 pm - 3:00 pm</b>
<b>A</b>	<b>IPF Diagnostics</b>
	<b>3:25 pm - 5:00 pm</b>
	<ul style="list-style-type: none"><li>• Past PFF grant awardee – summary presentation</li><li>• Updated HRCT diagnostic categories: rationale for the change</li><li>• New HRCT quantitative methods to enhance trial design and clinical assessment</li><li>• Cryobiopsy for ILD diagnosis: Is it time for a sea-change?</li><li>• Where do genomic classifiers fit into the pathway for ILD diagnosis?</li></ul>
<b>B</b>	<b>Supplemental Oxygen 101</b>
	<b>3:25 pm - 5:00 pm</b>
<b>C</b>	<ul style="list-style-type: none"><li>• Hypoxemia</li><li>• Prescription for supplemental oxygen</li><li>• Myths about supplemental oxygen use</li><li>• Oxygen equipment overview</li></ul>
<b>B</b>	<b>Familial Pulmonary Fibrosis and Genetic Counseling</b>
	<b>3:25 pm - 5:00 pm</b>
<b>D</b>	<ul style="list-style-type: none"><li>• Identified genetic variants</li><li>• Genetic counseling</li></ul>

## FRIDAY, NOVEMBER 8, 2019

### TRACKS

<b>A</b>	<b>Cocktail Reception</b> 6:00 pm – 7:00 pm	
<b>B</b>		
<b>C</b>		<b>Networking Dinner</b> 7:00 pm – 9:00 pm
<b>D</b>		

## SATURDAY, NOVEMBER 9, 2019

<b>A</b>	<b>PLENARY SESSION   Keynote Speaker: Bray Patrick-Lake, MFS</b> <b>Clinical Trials: Empowering Patients to Participate</b>
<b>B</b>	<b>8:30 am - 10:30 pm</b>
<b>C</b>	<ul style="list-style-type: none"><li>• Clinician Perspective: Importance of patient-related outcomes</li><li>• Is the time right for changes in PF clinical trial endpoints?</li><li>• Patient perspective</li><li>• Panel Q&amp;A</li></ul>
<b>D</b>	

<b>A</b>	<b>Transcriptomics</b>
	<b>10:45 am - 12:00 pm</b> <ul style="list-style-type: none"><li>• Poster winner 2 – summary presentation</li><li>• The impact of transcriptomics on our understanding of pulmonary fibrosis</li><li>• Insights into the pathobiology of IPF from single cell transcriptomics</li><li>• BAL gene expression as an indicator of outcome and disease mechanisms in IPF</li></ul>

<b>B</b>	<b>Legislative Advocacy</b>
<b>C</b>	
<b>D</b>	<b>10:45 am - 12:00 pm</b>

<b>B</b>	<b>Health and Wellness with Pulmonary Fibrosis</b>
	<b>10:45 am - 12:00 pm</b> <ul style="list-style-type: none"><li>• Pulmonary rehabilitation</li><li>• Nutrition</li><li>• Management of associated conditions</li></ul>
<b>C</b>	
<b>D</b>	

# SATURDAY, NOVEMBER 9, 2019

## TRACKS

<b>A</b>	<b>Lunch and Clinical Trials Innovation Series</b>
<b>B</b>	<b>12:00 pm – 1:30 pm</b>
<b>C</b>	Presentations begin promptly at 12:15 pm
<b>D</b>	

<b>A</b>	<b>Autoimmune ILD and Chronic Hypersensitivity Pneumonitis (CHP) – Nuances and similarities</b>
	<b>1:30 pm – 3:00 pm</b> <ul style="list-style-type: none"><li>• Past PFF grant awardee – summary presentation</li><li>• Rheumatoid lung: Informing treatment of primary and inflammatory fibrosis by understanding the pathogenesis of RAILD</li><li>• Advances in scleroderma-ILD</li><li>• Is IPAF really an entity unto its own: Pro/Con</li><li>• CHP: have we made progress addressing the knowledge gaps in diagnosis and treatment?</li></ul>

<b>B</b>	<b>Supplemental Oxygen 101</b>
	<b>1:30 pm – 3:00 pm</b>
<b>C</b>	<ul style="list-style-type: none"><li>• Hypoxemia</li><li>• Prescription for supplemental oxygen</li><li>• Myths about supplemental oxygen use</li><li>• Oxygen equipment overview</li></ul>

<b>B</b>	<b>Mental Health and Chronic Disease</b>
<b>C</b>	<b>1:30 pm – 3:00 pm</b>
<b>D</b>	<ul style="list-style-type: none"><li>• Managing anxiety, stress, or depression</li><li>• Intimacy and relationships</li><li>• Patient's perspective – receiving a pulmonary fibrosis diagnosis and talking to family and friends about the disease</li></ul>

<b>B</b>	<b>Fundraising and the PFF</b>
<b>C</b>	<b>1:30 pm – 3:00 pm</b>
<b>D</b>	

## TRACKS

<b>A</b>	<b>Therapeutic challenges and controversies in ILD</b>
	<b>3:25 pm – 5:00 pm</b> <ul style="list-style-type: none"><li>• Poster winner 3 – summary presentation</li><li>• How should we approach GERD in ILD/IPF now?</li><li>• PH-ILD: past studies and future directions</li><li>• Should unclassifiable ILD be treated like IPF?</li><li>• Progressive fibrotic ILD: will anti-fibrotics be a “one-size-fits-all” treatment?</li></ul>
<b>B</b>	<b>The Lung Transplant Experience</b>
	<b>3:25 pm – 5:00 pm</b>
<b>C</b>	<ul style="list-style-type: none"><li>• Lung transplant evaluation</li><li>• Lung transplant process and surgery</li><li>• Patient’s perspective – lung transplant recovery</li></ul>
<b>B</b>	<b>Emergency Preparedness</b>
	<b>3:25 pm – 5:00 pm</b>
<b>C</b>	<ul style="list-style-type: none"><li>• How to advocate for yourself or a loved one during an emergency room visit</li><li>• How to prepare for natural disasters</li><li>• Emergency kit</li><li>• Resources to use</li></ul>
<b>B</b>	<b>Meditation, Mindfulness, and Movement</b>
<b>C</b>	<b>3:25 pm – 5:00 pm</b>
<b>D</b>	<ul style="list-style-type: none"><li>• Illness, stress, mindfulness, and resilience</li><li>• Building a mindful brain</li><li>• Everyday mindsets, meditation, and mindful practices</li></ul>