



## DIAGNOSIS AND PROGNOSIS

- What is my specific diagnosis and what does it mean? Is a lung biopsy necessary to confirm my diagnosis? What other options are there for confirming the diagnosis?
- What could have caused my pulmonary fibrosis?
- How severe is my condition and what is my prognosis?
- How will pulmonary fibrosis impact what I can and cannot do?
- Will my disease progress and what are the signs that I would see to know? If it does progress what things would I notice and will I need oxygen? What kind of tests will I need and how frequently to monitor for progression?



## TREATMENT OPTIONS

- What treatments are available for my condition? How will these treatments help me?
- What are the side effects?
- Is pulmonary rehabilitation an option for me?
- Is palliative care appropriate at this time or in the future?
- Is lung transplantation an option for me? If so, when should I be referred or what is keeping me from being referred?
- Is a clinical trial of experimental therapy right for me? Where do I get information?
- What can I do about the cough?
- Do you have a support group or know of one?



## SUPPLEMENTAL OXYGEN (IF PRESCRIBED)

- Should I use oxygen all the time? Or just some of the time? What oxygen settings should I use?
- Am I able to travel with my current supplemental oxygen prescription?
- Should I be monitoring my oxygen saturation levels at home?



## FOLLOW-UP

- What should I do and whom should I contact if I have any problems with my PF?
- What should I do if I get a cold, flu, pneumonia?
- How often should I schedule follow-up appointments to monitor my condition?
- What tests or treatments can I expect during follow-up appointments? What do these tests show you and why are they important?
- What complications might I experience?
- What should I do if my symptoms suddenly worsen? Who should I call?