



*Donations help  
improve the  
quality of and  
save lives*

**Please donate today**

**We are in need of Sponsors!**



CEO  
*Terri Pilawa*



Treasurer  
*Elissa Casper*



Secretary  
*Tish Trevino*

If you wish to become a sponsor  
please email Terri @  
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## Contact Us

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**follow us**



*Because  
Every Breath  
Matters*

One Breath Foundation  
is a 501(c)(3) non-profit  
organization

## *Mission Statement*

Our mission is to assist patients who are diagnosed with a lung and/or other organ disease. Usually, these patients face financial hardships. One Breath Foundation assist those living with lung and/or other diseases, those waiting for a life-saving organ transplant and post-transplant patients that are struggling with their recovery, with restricted incomes. In addition, we assist patients, caregivers, and their families overcome difficult times, by holding a monthly support group meeting, to educate and provide resources to prepare them for their journey.

## *Support Group*

Due to COVID-19 our in person Support Group meetings have been cancelled until further notice. We are available to meet virtually via video conference using ZOOM.

**Meetings held 1st Sunday of every month @1 PM.**

You do not have to have a Zoom account to join the meeting. You can join the meeting by phone or by computer.

## *What we do*

- One Breath Foundation assist patients and their families with pre and post transplant housing, medical equipment, medical & prescription co-pays, and fuel & food cards. Usually, these expenses causes a hardship to the patient and their families. Generous donations help ease the burden of these expenses.
- One Breath Foundation is a leader in Organ Donation Education. We have access to a wide variety of resources.
- We honor our Donor's and their families who said "yes" to organ, eye and tissue donation. Please consider registering to be a donor. It's all about saving lives.
- We help you find the best assistance to fit your needs. We have an online assistance application on our website to help you get started.
- One Breath Foundations support group is devoted to education and empowering patients, caregivers and their families struggling with Lung and/or other organ disease. Some of our members are suffering from lung diseases for which there are minimal treatments and no cures. It is of utmost importance to offer them support and guidance. You are not alone. Join our support group.

## *Maria 'Terri' Pilawa*

August 2009, Terri married her best friend to begin a future with the man she loved. She was starting to struggle with shortness of breath, and it was scary. This is where her long journey of love, life, and loss began.

By 2010 her shortness of breath was so bad, she required oxygen 24/7. She was diagnosed with NSIP Pulmonary Fibrosis. Medications helped slow down the process and control the coughing spasms.

June 2012, Terri's condition took a turn for the worse, she was hospitalized with a lung infection. The medications were no longer effective against coughing spasms and more oxygen was required. She frequently felt as though she was suffocating.

Maria Terri waited for 9 long months when she received the call that her wait was over. June 24th 2015 a week after her birthday she was given a second chance of life.

Please share my story. I'm so blessed beyond all the stars in the sky for my second chance of life.

**Visit [onebreathfoundation.org](http://onebreathfoundation.org)**