pulmonary fibrosis physician notepad

DATE (mm/dd/yyyy)		
/	/	

A DISEASE MANAGEMENT WORKSHEET FOR DOCTORS AND PATIENTS

today's discussion		
We discussed the following today:		
recommendations		
Things you can do:	Things I am going to arrange:	
☐ Quit smoking	(if you don't hear from me in weeks, call me)	
☐ Achieve a healthy weight	☐ Start pulmonary rehabilitation	
$\ \square$ Use a pulse oximeter to monitor oxygen levels	☐ Sleep study	
immediately after exertion	☐ Nocturnal oximetry	
☐ Maintain oxygen levels over 90% 24 hours per day	☐ Lung transplant evaluation	
☐ Attend a support group	☐ Rheumatology consultation	
(pulmonaryfibrosis.org/supportgroups)	☐ Cardiology consultation	
☐ GERD lifestyle changes	 □ Thoracic surgery consultation □ Nutrition evaluation □ Present your case at our ILD conference 	
Learn about PF at pulmonaryfibrosis.org		
☐ Send me prior CT scans on a disk		
☐ Send me biopsy slides from "pathology" office		
in your hospital	Your return visit is in weeks / months	
Treatments we discussed today:	These tests should be done prior to or at your next visit:	
	$\ \ \Box$ High-resolution CT scans (inspiratory & expiratory)	
	☐ Pulmonary function tests	
	☐ Oxygen titration study	
	☐ Six-minute walk test	
	☐ Echocardiogram	
(more space on back)	☐ Esophagram	
Pulmonary [™]	□ Bloodwork	



Additionalno	otes:
_	
_	
SPONSORED BY:	Genentech A Member of the Roche Group

SUPPORT FOR YOU FROM THE PULMONARY FIBROSIS FOUNDATION

The mission of the Pulmonary Fibrosis Foundation is to accelerate the development of new treatments and ultimately a cure for pulmonary fibrosis. Until this goal is achieved, the PFF is committed to advancing improved care of patients with PF and providing unequaled support and education resources for patients, caregivers, family members, and health care providers.

To learn more about how the PFF can help support you, contact the PFF Help Center at **844.TalkPFF** (844.825.5733) or help@pulmonaryfibrosis.org, or visit the PFF online at pulmonaryfibrosis.org.

