

## Order FREE educational resources

The PFF Help Center, a dedicated call center, offers patients, caregivers, and healthcare providers the most up-to-date medical information, communicates the availability of support services, and information about other essential resources. Call or email us today to order FREE educational resources!



**FOLLOW US!** Keep up with the latest news from the PFF by following us at @pfforg on social media!



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[pulmonaryfibrosis.org](http://pulmonaryfibrosis.org)

## You can make a difference



You have the power to make an impact and create hope for PF patients everywhere. Start by making a donation to support the PFF in its mission to help find a cure.

**PFF Government Affairs:** Advocate and engage with lawmakers regarding the needs of the PF community.

**PFF Walk:** Build a team, raise funds, and lead the way toward a world without PF by joining one of our national walks. You can participate in-person or virtually.

**Fundraise for Team PFF:** Create and host an event that is personally meaningful to you. Organize an online fundraiser, hold a bake sale, or host a community walk.

**PF Awareness Month:** Throughout September, get involved by participating in disease education days, support group events, fundraisers, or with #BlueUp4PF.

**Shop PFF:** Support the cause when you wear wristbands, tshirts, caps, and more. Visit [Shop-PFF.com](http://Shop-PFF.com).

### Make a Gift

You can support the PFF's important programs by making a donation today. Visit [pulmonaryfibrosis.org](http://pulmonaryfibrosis.org) to learn about the many ways you can give.

## Our research



The Foundation places enormous importance on creating an environment that will assist in the development of effective treatments for pulmonary fibrosis. The PFF is committed to funding research to identify new therapies and one day, a cure.

**PFF Patient Registry:** A resource of data gathered from more than 2,000 patient volunteers across the country to help researchers further understand the disease and develop treatments. The data collected can be used to better diagnose, treat, and potentially cure pulmonary fibrosis.

**PFF Scholars:** A new grant program to support and provide career development opportunities for early stage investigators.

**PFF Clinical Trial Finder:** A tool to help patients navigate feasible and relevant clinical trials. This searchable platform filters the type of trial, patient characteristics, and proximity to one's home thereby accelerating the development of new treatment options for patients. Visit [trials.pulmonaryfibrosis.org](http://trials.pulmonaryfibrosis.org) to get started.

**PF Drug Development Pipeline:** A tool that allows viewers to filter interventions, such as novel drugs or devices that are in development or have been approved for the U.S. market, by relevant areas of interstitial lung disease. Visit [pulmonaryfibrosis.org/clinicaltrials](http://pulmonaryfibrosis.org/clinicaltrials) for more information.

## We imagine a world without pulmonary fibrosis



trusted resource

research



education



advocacy



collaboration



fundraising

[pulmonaryfibrosis.org](http://pulmonaryfibrosis.org)



**The Pulmonary Fibrosis Foundation (PFF)** mobilizes people and resources to provide access to high quality care and leads research for a cure so people with pulmonary fibrosis (PF) will live longer, healthier lives.

### The Trusted Resource

The PFF is the nation's leading pulmonary fibrosis patient education and advocacy organization. From providing disease education materials to creating the largest patient registry focused on all-cause PF and establishing a nationwide care center network, the PFF is dedicated to improving all aspects of a patient's quality of life.

We work with leading experts in the field of pulmonary fibrosis. The physicians on our world-class medical team, investigators at each Care Center Network site, and members of the Medical and Scientific Advisory Committee, Research Review Committee, and Medical Advisory Board champion collaborative efforts in the care of patients and research.

The PFF is at the forefront of research for different lung diseases that make up the family of pulmonary fibrosis diseases, including idiopathic pulmonary fibrosis (IPF).

**As the leading advocate for the PF community, we are building better tools and resources for diagnosing and treating people living with PF. We invite you to join us in the drive toward a cure.**

William T. Schmidt  
PFF President and Chief Executive Officer

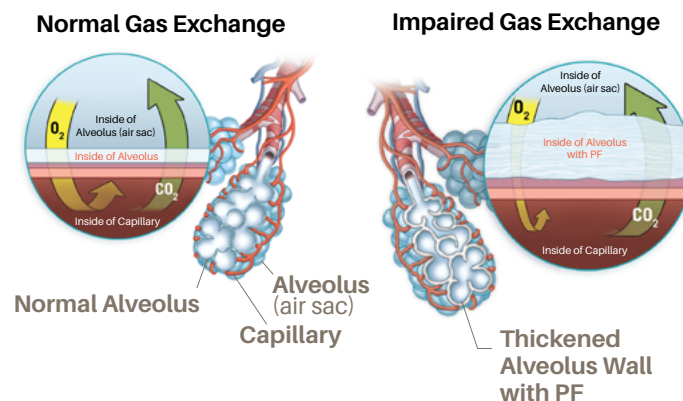
**Pulmonary fibrosis** is a family of more than 200 different lung diseases that share common symptoms of cough and/or breathlessness. Idiopathic pulmonary fibrosis is one form of PF. The PF family of lung diseases falls into an even larger group of diseases called "interstitial lung diseases (ILD)."

The word "pulmonary" means "lung" and "fibrosis" means scar tissue - so in its simplest sense, pulmonary fibrosis means scarring of the lungs.

Pulmonary fibrosis may cause progressive scarring in the lungs, limiting a person's oxygen intake. However, every individual diagnosed with pulmonary fibrosis has a unique experience with the disease and there is no "standard" or expected clinical course.

**With no known cure**, certain forms of PF may take the lives of patients within three to five years from diagnosis.

The good news for people living with PF is that there are treatments designed to specifically manage the symptoms of the disease and researchers are studying new ways to halt its progression.



**PFF Care Center Network:** 68 medical centers nationwide offering comprehensive and individualized care to those living with PF.

**PFF Summit:** Our biennial healthcare conference had over 950 attendees in 2019, including patients, caregivers, physicians, nurses, and researchers, with 10 countries and 44 states represented.

**PFF Help Center:** The hub for information and resources for patients, families, and healthcare professionals. The PFF Help Center gets inquiries from nearly every U.S. state and 40 countries.

**PFF Support Group Network:** Over 150 volunteer groups around the country providing a safe environment for those affected by PF to share their experiences.

**Virtual Support Groups:** Four unique telephone-based support groups for those who are unable to attend in-person meetings including: PFF Voices for everyone in the PF community; PFF Caring Conversations for caregivers; PFF Coloquio for Spanish speakers; and the Lung Transplant Community Support Group for lung recipients or those awaiting transplant.

**PFF Ambassadors:** Volunteers impacted by PF who offer hope and inspiration to the community and promote disease awareness.

**PFF Educational Videos:** Watch videos from our Life With Pulmonary Fibrosis Video Series, Disease Education Webinar Series, and Advocacy in Action Webinar Series to learn more about a variety of topics.

**PFF Oxygen Information Line:** Provides information and resources to individuals using supplemental oxygen and to caregivers.



### DIAGNOSIS

**One in 200** over the age of 70 are living with IPF.



### CASES

**50,000** new cases are diagnosed annually.



### PREVALENCE

**200,000+** people are living with IPF in the U.S.



### SYMPTOMS

- Shortness of breath
- Dry, hacking cough
- Fatigue and weakness
- Discomfort in chest



### POSSIBLE CAUSES

- Environmental
- Autoimmune diseases
- Drug-induced
- Radiation-induced
- Occupational

Often a cause cannot be identified. These diseases are called idiopathic interstitial pneumonias. One type is idiopathic pulmonary fibrosis.



### TREATMENTS

- Supplemental oxygen
- Prescription medication
- Pulmonary rehabilitation
- Lung transplantation
- Medications