



PFFWALK

PFF Walk Frequently Asked Questions

What is the PFF Walk? The PFF Walk unites all impacted by pulmonary fibrosis (PF) and interstitial lung disease (ILD) and provides a special opportunity to raise funds, build awareness, and make a meaningful impact on those affected by the disease. Each PFF Walk offers an inspiring Opening Ceremony to kick off the walk and recognize all members of the PF and ILD community, two walk distances, and family-friendly activities.

Where do the funds go? Funds raised by the PFF Walk support our efforts to accelerate research, empower our community, and transform care so that everyone with PF and ILD can live a better life.

Do I need to register in order to participate? Yes, registration is required and advanced registration is strongly encouraged! Register online by [clicking here](#) or in person at the PFF Walk.

I've already registered. How do I log in to my personal fundraising page? [Click here](#) to log in to your fundraising dashboard.

Is there a fee to register? No! It is **free** to participate in the PFF Walk. Participants who raise \$100 or more will receive a commemorative t-shirt. Click [here](#) to learn about the PFF Walk fundraising rewards.

What is the distance of the walk? Each PFF Walk offers two course options. With some exceptions, each PFF Walk will offer both a one and a two-mile course.

Can I still participate even if I don't want to walk? Yes! Everyone is welcome to participate. If you choose not to walk, you are invited to stay in the event village to visit sponsor and partner booths and connect with other members of the PF and ILD community.

What happens during the Opening Ceremony? The Opening Ceremony at the PFF Walk celebrates you and includes a special experience that unites and recognizes all who have been affected by PF and ILD. An interactive opportunity, we invite you to pick up a PFF Walk fan when you check in, head to the Community Connections tent to personalize it, and raise it proudly during the Opening Ceremony!

Does every participant get a t-shirt? Registered participants who individually raise \$100 or more will be eligible to redeem the commemorative PFF Walk t-shirt. All t-shirts will be mailed and will not be available for pickup at the PFF Walk. Learn more [here](#).

What should I wear? We recommend that you dress comfortably for walking and wear appropriate footwear.

What should I bring with me? We recommend that you bring water and sun protection, as well as team t-shirts or signs to show your team spirit and honor the individual(s) for whom you are walking!



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Can I bring my own tent, table, or chairs? Seating will be provided on a first come, first served basis. You are welcome to bring your own supplies, but please check with a PFF staff member prior to setting up your items as there may be restrictions on where they can be placed.

Can I bring my dog? Yes, dogs are welcome. Your pet is your responsibility — please keep your dog leashed and always clean up after them.

Will refreshments be provided? Light refreshments, such as water, granola bars, and sandwiches will be provided.

What happens if there is inclement weather? We walk rain or shine! In the case of inclement weather, registered participants will receive both a text and an email to notify them of cancellation or any changes to the start time or route. The PFF Walk website will also be updated as promptly as possible.

Contact us: If you have additional questions, please contact our team at PFFWalk@pulmonaryfibrosis.org or **855.WalkPFF** (855.925.5733).