



PFF Walk - Washington, D.C.

Walk day details

Let's walk together toward a cure! This document has everything you need to prepare for the **PFF Walk - Washington, D.C.** and your choice of a one or a two-mile walk.

Date: Saturday, October 17, 2026

Address: National Harbor Plaza
147 National Plaza, Oxon Hill, MD 20745

Schedule:

9:00 a.m. - Check-in and registration* opens

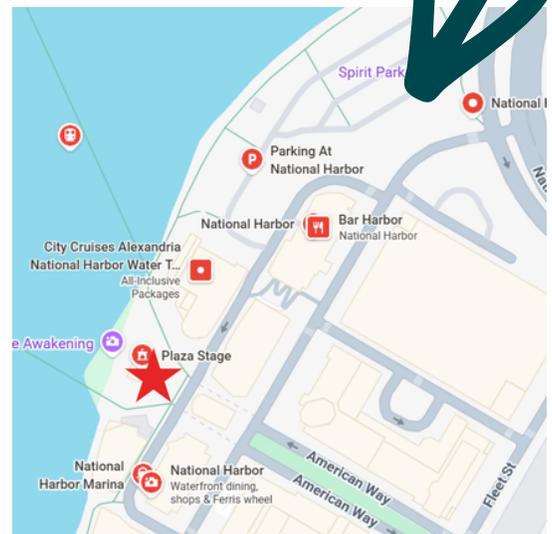
*Advance registration is preferred! [Click here](#) to sign up.

9:45 a.m. - Opening Ceremony and step-off

10:45 a.m. - Celebration party

Parking: Parking is available in nearby lots, garages, and metered street spaces. The **Spirit Park Lot** is a two-minute walk from the walk-site, and the **Fleet Garage** (Fleet St. & Potomac Passage) is about five minutes away.

A drop-off zone will be available in front of the walk-site.



Let's walk!  Enjoy scenic waterfront views along the Potomac River for your choice of a **one** or **two**-mile out-and-back course.

Not interested in walking? Not to worry! After the Opening Ceremony, stay at the walk-site and enjoy all of the other activities the PFF Walk has to offer.

What else is there to do at the PFF Walk?

After you check in, we invite you to...

-  **Stop by the Community Connections tent** to get educational materials and PFF Walk giveaways, and meet other PF and ILD community members.
-  Visit with PFF Walk sponsors and community partners.
-  Get your face painted and enjoy other on-site activities.
-  Participate in the Opening Ceremony! Don't forget to **design your PFF Walk fan** to raise proudly during the interactive moment of recognition.
-  Enjoy light refreshments! Water and granola bars will be available in the morning, and lunch will be provided after the walk.

What should I wear? Dress for the weather, and don't forget a comfortable pair of shoes!

How do I get the PFF Walk t-shirt? Register and raise \$100+ to earn the commemorative t-shirt! To learn more about all fundraising rewards, [click here](#).

We walk rain or shine!

In the event of inclement weather, the PFF will send an email and a text to the information provided during registration.

Please note: all t-shirts will be mailed and will not be available at the PFF Walk.

I have a cash or check donation. You can mail these donations to the PFF office at 223 W. Jackson Blvd., Ste. 350, Chicago, IL 60606. Please include a note so we can credit the donation to the correct walker or team.

Questions?

Contact us at PFFWalk@pulmonaryfibrosis.org
or **855.WalkPFF** (855.925.5733).

