



PFF Walk - Washington, D.C.

Thank you for registering to join us as we walk **together toward a cure for pulmonary fibrosis!**
Please review the enclosed information to help you prepare for the [PFF Walk - Washington, D.C.](#)

DATE: Saturday, September 27, 2025

EVENT SCHEDULE:

9:00 a.m. – Check-in/Registration

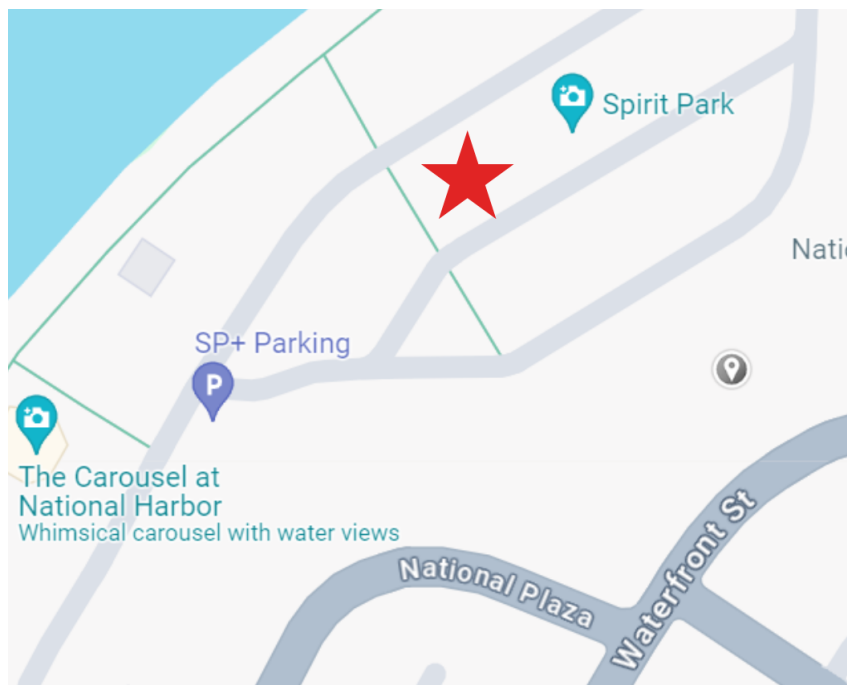
9:45 a.m. – Opening Ceremony, Mission Moment, and Step-off

10:45 a.m. – Celebration Party and Awards Ceremony

After you check in, we invite you to visit with our sponsors and community partners, get your face painted, and enjoy light refreshments! Water and granola bars will be available in the morning, and lunch will be provided after the walk.

New this year! Visit our new **Community Connections** tent to meet other PF community members, get educational materials, and pick up some PFF Walk swag, including stickers, beads, pins, and more!

LOCATION: The PFF Walk - Washington, D.C. will be held at [National Harbor](#) (137 National Plaza Suite 200, Oxon Hill, MD 20745) near The Carousel and Spirit Park. National Harbor can be accessed from National Harbor Boulevard and Waterfront Street.



PARKING: A drop-off point will be available at the entrance to the walk-site. Parking is available nearby in covered garages or metered street parking. [The Fleet Garage](#) (\$5-\$15) is on Fleet Street & Potomac Passage – about a 5-to-10-minute walk to the walk-site. A limited number of accessible parking spaces are available near the entrance to the walk-site, located in front of The Carousel of National Harbor.

ROUTE: The walk begins at National Harbor just north of The Carousel at National Harbor. Walkers will walk north along the beautiful Potomac River toward the Woodrow Wilson Bridge. Walkers will remain on the paved trail for both the one and two-mile out and back courses. Keep an eye out for PFF Walk signage to direct you throughout the course. Click on the links below to view the course. The route map can also be viewed on the next page.

[1-Mile Route](#)

[2-Mile Route](#)

Not interested in walking? You can still join us! After the Opening Ceremony, stay at the walk-site to visit sponsor booths and connect with other members of the PF community!

ATTIRE: Casual! Please dress according to the weather.

New this year! Registered participants who raise \$100 to earn the PFF Walk t-shirt will be able to order it online and **receive it in the mail**. To learn more, visit our [fundraising rewards page](#).

***Did you know?** You can earn exclusive rewards when you activate your fundraising campaign and reach certain fundraising levels. [Learn more!](#)*

Please note that t-shirts will **not** be available at the PFF Walk.

WEATHER: We will walk in rain or shine! In the unlikely event the PFF Walk is canceled due to inclement weather, you'll receive both a text message and an email with a cancellation notice.

OFFLINE DONATIONS: Donations collected offline can be sent to our office in advance of the event to:

Pulmonary Fibrosis Foundation | PFF Walk - Washington, D.C.
223 W. Jackson Blvd., Ste 350
Chicago, IL 60606

Please include a note with the fundraiser and team name so we can credit appropriately.

ON-SITE REGISTRATION: Registrations will be accepted on-site beginning at 9:00 a.m.

ENGAGE WITH US ON SOCIAL MEDIA: Interact with us on social media throughout the PFF Walk! Use **#PFFWalk** to send us your photos and join in on the conversation.

CONTACT US: If you have additional questions, please contact us at PFFWalk@pulmonaryfibrosis.org or give us a call at **855.WalkPFF** (855.925.5733).

ROUTE MAP:

