

VIRTUAL *Swag Bag*

BROADWAY
BELTS
FOR
PFF!

Thank you for joining us for our first-ever virtual *Broadway Belts for PFF!* Click on the tiles below to access downloadable PFF educational resources and information from our sponsors.

Note: Please be sure to connect to the Internet to access these resources, as all tiles will open in a web browser.



**The Caregiver's
Journey in IPF**



Boehringer
Ingelheim



**What You Should Know
About Chronic ILDS With
Worsening Fibrosis**



Boehringer
Ingelheim



**Broadway Cares/
Equity Fights AIDS**



YOUR DOCTOR IS YOUR PARTNER
**LEARN HOW TO HAVE MORE PRODUCTIVE
APPOINTMENTS TOGETHER**

Finding out you have idiopathic pulmonary fibrosis (IPF) can be overwhelming, but you're already off to a great start. You've chosen a doctor who can help you make an IPF management plan that fits your needs and lifestyle.

At your next appointment, you can use this guide to help you stay informed about IPF and your IPF management plan. The tips and questions below are designed to help you and your doctor have more productive appointments together.

**IPF Doctor
Discussion Guide**

Genentech
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PFF
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PFF Help Center







 Pulmonary Fibrosis Foundation™

Pinpoint PF

Pinpoint Pulmonary Fibrosis Symptoms and Risk Factors

 Pulmonary Fibrosis Foundation™

are many ways to track its progression.

DIAGNOSIS	CASES	PREVALENCE
 1 in 200 over the age of 70 are diagnosed with IPF	 50,000 new cases of IPF are diagnosed annually	 200,000+ people are living with IPF in the U.S.
SYMPTOMS	CAUSES	TREATMENTS
 • Shortness of breath • Dry, hacking cough • Fatigue and weakness • Discomfort in chest	 • Airborne contaminants • Radiation treatments • Some medications • Genetics	 • Supplemental oxygen • Pulmonary rehab • Lung transplantation • Medications

Pulmonary Fibrosis Quick Facts

 Pulmonary Fibrosis Foundation™

About Pulmonary Fibrosis

What is pulmonary fibrosis? Pulmonary fibrosis (PF) means scarring in the lungs. Over time, the scar tissue can destroy the normal lung and make it hard for oxygen to pass through the walls of the air sacs into the bloodstream. PF is not just one disease—it is a group of more than 200 different lung diseases that all look very much alike.

What causes pulmonary fibrosis? Some known causes of PF include autoimmune diseases, such as rheumatoid arthritis and scleroderma, environmental exposures, such as some molds or birds, and certain medications. Radiation for cancer treatments can also sometimes cause PF. However, many times PF is “idiopathic,” meaning the cause is unknown.

What are common symptoms of pulmonary fibrosis? The most common symptoms of PF are a dry, persistent cough and unusual (increased for you) breathlessness with activity. Many people with PF also experience fatigue or feel constantly worn out.

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About the PFF Brochure

 Pulmonary Fibrosis Foundation™