

Ann Arbor Pulmonary Fibrosis Support Group Agenda  
(Pulmonary Fibrosis Foundation and Quest for Breath)

**Feb. 7, 2023\*\*virtual only\*\***

**Meeting Time 2 pm-3:30 PM**

***Feb 7<sup>th</sup> 2023-Mindfulness and relaxation with our Social Worker Mari***

***March 7<sup>th</sup> 2023-CPAP/BIPAP masks/ equipment with Chandra Westergard***

***April 4<sup>th</sup>, 2023-traveling with Oxygen***

Join Zoom Meeting

<https://umich.zoom.us/j/99318898764?pwd=TVcyZytsL2tKTW16OU93U3JKZHo3dz09>

Meeting ID: 993 1889 8764

Passcode: 345582

Find your local number: <https://umich.zoom.us/u/aiEDYWPbo>

+13126266799,,99318898764# US (Chicago)

1.) Dial Zoom by your location

+1 312 626 6799 US (Chicago)

Thank you,  
Lori Flint, RN-  
Call 888-287-1084-if you have any questions regarding the pulmonary fibrosis  
support group