## FIND SUPPORT, GET SUPPORT, GIVE SUPPORT

## Lexington Pulmonary Fibrosis Support Group

Date: September 13th

Next meeting November 8th

Time: 2:00PM - 4:00PM

**Location: Lexington Public Library** 

**Eastside Branch** 

3000 Blake James Drive

Medium Conference Room



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Baptist Health Pulmonary Lexington, KY 859-278-0319

If you or a loved one has been affected by pulmonary fibrosis, you are invited to attend our support group. Participating in a support group may improve your emotional well-being and have a positive impact on your health by offering you an opportunity to connect with others who are facing similar experiences, obtain practical information, and to receive support.

Support groups can also be a valuable resource for your caregivers, other family members, and friends. Please remember, a support group should not replace treatment from your doctor.

For more information about pulmonary fibrosis, visit pulmonaryfibrosis.org.



