



**FIND SUPPORT. GIVE  
SUPPORT. GET SUPPORT.**

# **Greater Hartford Pulmonary Fibrosis Support Group Meeting**

**Date:** Tuesday, January 15, 2019 (3<sup>rd</sup> Tuesday of every month)

**Time:** 1:00PM – 3:00PM

**Place:** Elmwood Senior Center  
1106 New Britain Avenue (2<sup>nd</sup> Floor)  
West Hartford, CT 06110

**Contact:** Mal Doyle at (860) 805-0504 or [nervymal@gmail.com](mailto:nervymal@gmail.com)

Participating in a support group may improve your emotional well-being and have a positive impact on your health by offering you an opportunity to connect with others who are facing similar experiences, obtain practical information, and to receive support.

Support groups can also be a valuable resource for your caregivers, other family members, and friends. Please remember, a support group should not replace treatment from your doctor.

**Pulmonary Fibrosis**  
**FOUNDATION**