

## **Pulmonary Fibrosis Care Center: Support Group Meeting**

**When:** June 5, 2019 from 5-6 PM: the first Wednesday of every month

**Topic:** “More than Just Me; Caregiver Support, Mental Health and Advanced Directives”, by Bethany Doneth, MSW

**Where: Spectrum Health Medical Group Facility Located at:**  
**4100 Lake Drive SE**  
**Grand Rapids, MI 49546**

**Please note – although this is the same building as the Pulmonary office, we do NOT meet in the pulmonary offices: take the elevators down to Basement level, turn right – through the weight management waiting room, down 8 steps (or use the ramp) to the **Bariatric Surgery Conference room 40 Basement****

Facilitated by: The Pulmonary Fibrosis Care Center staff: Jennifer Cannestra RN, Bethany Doneth MSW, Nancy Deboer RRT, Melissa Boerman RN and Shelley Schmidt MD

Light refreshments will be served, supplemental oxygen provided. Please call ahead if high flow oxygen requirements need to be coordinated, or if you require assistance getting to the room.

**RSVP** not necessary; call with questions: **(616)267-9313**

A pulmonary fibrosis support group is:

- A place to talk openly about the challenges of living with pulmonary fibrosis in a comfortable and safe environment
- A place where privacy and confidentiality are respected
- A place to exchange ideas, compare experiences, and learn from others
- A source of current and accurate information about pulmonary fibrosis
- A place where mutual emotional support and empowerment is offered.
- A place where people can develop relationships and friendships with others who have experienced similar situations
- A place where individuals can find reassurance in the realization that they are not alone with their disease

**This Group is committed to providing emotional and social support for pulmonary fibrosis patients and their families**