

# **Portland Pulmonary Fibrosis Support Group**

*Support from Legacy Good Samaritan Hospital & the Pulmonary Fibrosis Foundation*

***For people living with pulmonary fibrosis***

Legacy Good Samaritan Hospital

**1015 NW 22<sup>nd</sup> Avenue – Main Hospital Entrance**

**Wistar Morris Conference Room – First Floor**

**Portland, Oregon 97210**

The **Portland Pulmonary Fibrosis Support Group** meets every **3<sup>rd</sup> Saturday of the month from 1:00-3:00, except May**, and is open to anyone living with interstitial lung disease, such as pulmonary fibrosis, and their support people. The mission of this group is to improve one's ability to cope and thrive while living with a restrictive lung disease by sharing information, experience and resources with others who are experiencing a similar health challenge. Health care professionals from a wide range of disciplines come to share information about approaches to treatment, beneficial lifestyle changes and resources to improve one's ability to live with a restrictive lung disease. Parking is free in the parking structure and permits will be handed out at the meeting. We will also provide light refreshments.

## **August Pulmonary Fibrosis Support Group Topic:**

***Understanding Pulmonary Fibrosis: An Educational Approach covering the Basics.***

***Presenter: Amy Macbeth, IPF Clinical Educator with Boehringer Ingelheim***

Amy will be presenting an "Understanding Idiopathic Pulmonary Fibrosis (IPF)" - presentation to our group this

month. This presentation will be “unbranded”. Amy is a Registered Respiratory Therapist with a BS in Cardiopulmonary Science. She has been on the IPF Clinical Educator team for Boehringer Ingelheim since the fall of 2016. She is also a certified COPD educator and a certified Asthma Educator. Amy has a broad range of respiratory experience both in the critical care realm and in general care. This presentation will be covering the basics of Idiopathic Pulmonary Fibrosis and will be an opportunity to learn more about IPF.

Amy will be presenting the first part of our time together with plenty of opportunity to discuss and ask questions about IPF.

We will also have time for new members to be welcomed and discussion and updates.

Please join us this coming Saturday at 1:00!