



Pulmonary Fibrosis Support Group

WHEN

Once Monthly, 6:00-7:00pm
(Dates as listed)

WHERE

Virtual via zoom (for most)

HOW TO JOIN

Please email interest to:
nehiopf@gmail.com

GENERAL INFORMATION

This support group is open to all people impacted by pulmonary fibrosis, both patients and caregivers. We welcome those with PF related to any cause and in any stage of disease. We are in NE Ohio and partner closely with the Cleveland Clinic Interstitial Lung Disease Center for special guest speakers and events. However, anyone affected by PF may join this group, no matter where they live or where they receive their PF care.

Support group 2023:

Dates, topics, and speakers:

- ☞ January- no support group this month. Happy New Year!
- ☞ February- **Tuesday Feb 7th**- Maeve Macmurdo, MD; "Pulmonary Function Test Interpretation"
- ☞ March- **Tuesday March 14th**- Mindy Rivera, CNS; "Pulmonary Hypertension in Interstitial Lung Disease"
- ☞ April- **Tuesday April 11th**- Sameep Sehgal, MD; "Lung transplantation"
- ☞ May- **Tuesday, May 9th**- Scott Marlow, RT; "Oxygen Basics"
- ☞ June- **Tuesday, June 13th**- Brian Lumpkin, MD; "Acute exacerbations in pulmonary fibrosis"
- ☞ July- **Time and place TBD**- PF group picnic or outing
- ☞ August- **Saturday, August 26th**- Pulmonary Fibrosis Fundraiser Event (Supports the Pulmonary Fibrosis Foundation) at the Oak Grove Picnic Area in Brecksville, Ohio. More about this TBD.
- ☞ September- **Wednesday September 13th**-- Lauren Palange, MS, CGC; "Genetics and PF"
- ☞ October- **Tuesday, October 10th**—Margo Davis, LISW-S (Behavioral Health); "Mindfulness – The Antidote for Stress"
- ☞ November- **Tuesday, November 7th**- Jessica Glennie, CNP; "Medication management of PF"
- ☞ December- **Tuesday, December 12th** - Holiday get-together- "PF Jeopardy!" with Jessica Glennie, CNP