

PFF DISEASE EDUCATION
WEBINAR SERIES

Pulmonary Fibrosis
FOUNDATION

Welcome!

ASK A DOC Q+A WITH PFF MEDICAL TEAM

Pulmonary Fibrosis
FOUNDATION

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Treatments

- Is it possible the nausea returns periodically while taking Esbriet? I have reduced my daily dosage from nine pills to six pills because of persistent nausea. Now, on six pills, the nausea returns from time to time.
- Why can't a doctor/pulmonologist prescribe Esbriet or OFEV for non-IPF PF? Can't he/she prescribe it off-label? What are the consequences and/or considerations for the patient by either prescribing or not prescribing? What are the considerations for insurance coverage?
- I am an IPF Patient and have just started taking Esbriet. I also take Coumadin for DVT's and would like to know if there is any interaction between the two drugs?

TREATMENTS: STEM CELLS

- From time to time I see information regarding stem cell replacement therapy as an effective treatment for slowing IPF. Has there been any documented results from this possible application?
- Are there autologous stem cell clinical trials going on for IPF in the US or Mexico? I've heard about ones in Spain and India.
- Would my husband, age 76, be a candidate for stem cell treatments if he has RA and IPF?
- I've been doing some research and have found that lung tissue regeneration is being done via treatment with stem cells harvested from the patient. Any news on how available it is?

Supplemental Oxygen

- I have concentrations in the seventies and eighties. How long does it take to do damage?
- After walking on the treadmill for six minutes my SPO₂ goes to 84%. Then I recover to 95% after resting for 5 minutes. Is 84% too low?
- My husband has this disease and has problems breathing, often gasping for air. He doesn't like to wear his O₂ out in public but I can't help but think he is decreasing his lifespan by not using his O₂. Is this true?

- What is the upper limit in liter per minute flow for effective oxygen therapy for someone with both pulmonary fibrosis and pulmonary hypertension?
- For a patient with both pulmonary arterial hypertension and interstitial pulmonary fibrosis using oxygen for exercise induced breathlessness, is there an oxygen saturation rate the patient should try to maintain and why?
- In a 6MYT if O₂ sat is 98% to start & ended @ 91%, isn't that too much of a drop? What exactly does that mean?

General Questions

- My wife has an internist who is treating her pulmonary fibrosis. Should she use a pulmonologist instead? What is the best way to find one?
- I have ILD secondary to RA. I find an abundant amount of information about IPF but much less of ILD. Why is that?
- What home heating and cooling system would be best? I have a forced air electric furnace for heat. I opted for Electric oil heaters this last winter, but what to do for cool summer air? The heat really bothered me last summer.
- Do you think living in a lower elevation can elongate life expectancy? Does climate make a difference?

- Why does the progression of the disease vary so much with individuals? Are there any known triggers/environmental concerns that we, as patients and caregivers, should be avoiding?
- What foods should I avoid with PF-what is the best for diet for PF? How much exercise should I get daily? How to know if I need O₂.
- Can one possibly have both cHP/MAC and IPF/UIP? Since cHP/MAC usually occurs in the upper lobes of the lungs and IPF/UIP usually occur in the lower part of the lungs?

**NEXT UP IN PFF DISEASE
EDUCATION WEBINAR SERIES**

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Wednesday April 15, 2015

“Palliative Care”

Presented by: Kathleen Lindell, PhD, RN

Clinical Nurse Specialist

Dorothy P. & Richard P. Simmons Center for ILD at

University of Pittsburgh Medical Center

PFF Care Center Network site

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Thank you.