Vital Sign Log

AACVPR American Association of Cardiovascular and Pulmonary Rehabilitation — Promoting Health & Preventing Disease

Pulmonary Fibrosis Foundation™

Made possible by generous support from Boehringer Ingelheim

Date	SpO2 on O2 LPM NC or Oxymizer CF or PD	Heart Rate	Blood Pressure	Shortness of Breath	Fatigue	Blood Glucose Pre/post Exercise	Weight
Example 1/1/2021	95% on 3 LPM CF	83	128/72	2/10	3/10	125/115	150
			/	/10	/10	/	
			/	/10	/10	/	
			/	/10	/10	/	
			/	/10	/10	/	
			/	/10	/10	/	
			/	/10	/10	/	
			/	/10	/10	/	
			/	/10	/10	/	
			/	/10	/10	/	
			/	/10	/10	/	
			/	/10	/10	/	
			/	/10	/10	/	
			/	/10	/10	/	
			/	/10	/10	/	